

Pre-Op Adult (Inpatient)

Order Set Directions:

 = Performance Indicator

(√)-Check orders to activate. Orders with a pre-checked box will be followed unless lined out.
Initial every order page & Sign, date, and time the last page.

Ht _____ Wt _____

Activity

- Up as tolerated
- Bed rest
- Other: _____



Allergies

- NKDA
- Latex
- Other: _____

Diet

- NPO after midnight
- Clear liquids up to 6 hours prior to surgery
- Other: _____

Nursing Orders

- Sign consent for _____
- Vital signs every 4 hours
- Glucose, blood, point-of-care measurement if known diabetic 4 hours prior to surgery –
(Call physician if less than 70 or greater than 250) 
- Active patient warming 
- Education, deep-breathing and coughing exercise
- Patient is to take all oral meds with sips of water as regularly scheduled except:
 - No oral hypoglycemic the morning of surgery
 - Only take half of their regularly scheduled insulin dose the a.m. of surgery
- Foley catheter
- Chlorhexidine wipes to incision the night before and the morning of surgery

Patient/Caregiver Education

- Education, Smoking Cessation

Respiratory

- Incentive Spirometry – Cardiopulmonary to instruct
- Pulse oximetry
- Oxygen per Cardiopulmonary (Protocol #O2)
- Oxygen administration @ _____ L/min via _____

IV Fluids

- Lactated Ringers @ 100mL/hour
- Lactated Ringers with 20mEq KCL at 150mL/hour and change to Lactated Ringers prior to surgery if patient received bowel prep
- Lactated Ringers @ _____ mL/hour
- Normal Saline, 50 mL/hour for dialysis patients or creatinine greater than 3 (use 500mL bag)
- Other: _____

Provider initials: _____



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Medications

ranitidine (ZANTAC)

- 50 mg IV once 1-2 hours prior to surgery

albuterol (VENTOLIN)

- 2 puff PO once if history of asthma or presently smoking.
Do not give if patient has taken a bronchodilator that morning

Antibacterial Prophylactic Agents

cefazolin (ANCEF) within one hour of incision

- 1 gram IV once
 2 gram IV once

cefuroxime (ZINACEF) within one hour of incision

- 1.5 gram IV once **AND**
metronidazole (FLAGYL) within one hour of incision
0.5 gram IV once

gentamicin (GARMYCIN) within one hour of incision

- 80 mg IV once **AND**
clindamycin (CLEOCIN) within one hour of incision
600 mg IV once

vancomycin (VANCOCIN) within one hour of incision

- 1 gram IV once

levofloxacin (LEVAQUIN) within one hour of incision

- 500 mg IV once

ertapenem (INVANZ) within one hour of incision

- 1 gram IV once

Other _____

Immunizations

diphtheria/pertussis, acellular/tetanus (ADACEL)

- 0.5 mL intramuscularly once

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Laboratory

- Complete blood count (CBC)
- Complete metabolic panel (CMP)
- Basic metabolic panel (BMP)
- Glucose, serum, random
- PT
- PTT
- Type and screen
- Type and cross match _____ units of PRBCs
- Urinalysis (UA) with microscopy and reflex
- Beta human chorionic gonadotropin (beta-HCG), urine qualitative
- Urine Drug Screen
- Other _____

Diagnostic Tests

- 12-lead ECG

Consults

- Consult to anesthesiology
- Consult to cardiology

Other Orders

Provider Signature: _____ Date: _____ Time: _____

