


## Ceserean Section – Postoperative Day 1

### Order Set Directions:

 = Performance Indicator

(√)-Check orders to activate. Orders with a pre-checked box  will be followed unless lined out.  
Initial every order page & Sign, date, and time the last page.

### Activity

- Ambulate 
- Bed rest
- Up ad lib

### Nursing Orders

- Remove Foley when epidural catheter is removed
- Straight cath prn for distress or no void in 8 hour – On third catheterization, insert Foley
- May shower
- Replace dressing
- Remove dressing

### Diet

- General if active bowel sounds and no nausea
- Other \_\_\_\_\_

### IV Fluids

- Saline lock if oral intake 500ml
- Saline flush twice a day and PRN
- Other \_\_\_\_\_

### Medications

#### Analgesics

acetaminophen (TYLENOL)

- 1000 mg PO every 6 hours PRN for mild pain or fever greater than 101° F.

ibuprofen (MOTRIN)

- 800 mg PO every 8 hours PRN for moderate pain if patient not taking Toradol

propoxyphene (DARVON)

- 65 mg PO every 4 hours PRN for severe pain

#### Antiflatulents

simethicone (MYLICON)

- 80 mg PO 4 times a day, after meals and at bedtime PRN for gas

#### Immunizations

measles/mumps/rubella virus vaccine (preservative free) (M-M-R II)

- 0.5 ml subcutaneously once upon discharge for patients without evidence or equivocal on rubella immunity

diphtheria/pertussis, acellular/tetanus (BOOSTRIX, ADACEL)

- 0.5 ml intramuscularly once upon discharge

(Do not give if last tetanus was less than 2 years ago or Tdap less than 10 years ago)

influenza virus vaccine, inactivated (AFLURIA; FLUZONE) October through March only

- 0.5 ml intramuscularly once

#### Iron Supplements

ferrous sulfate (FEOSOL)

- 325 mg PO daily

Provider initials: \_\_\_\_\_



Breese, Illinois

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### Laxatives

- docusate sodium (COLACE)
  - 100 mg PO 2 times a day
- glycerin
  - 1 suppository rectally once PRN for constipation
- FLEET ENEMA
  - 1 enema rectally once PRN for constipation

- Begin with 1<sup>st</sup> drug and if no results, move to next

### Sedatives

- zolpidem (AMBIEN)
  - 5 mg PO daily, at bedtime PRN for insomnia, may repeat x 1 if non-breastfeeding
- diphenhydramine (BENADRYL)
  - 25 mg capsule PO daily, at bedtime PRN for insomnia if breastfeeding

### Topical Agents

- lanolin topical
  - applied topically every 2 hours PRN for sore nipples

### Laboratory

- For postpartum patients who are Rh-Negative and Anti-D Antibody-Negative, Anti-D Immunoglobulin should be administered within 72 hours following the birth of an Rh-Postive infant
  - Rho (D) immune globulin
    - 300 ucg intramuscularly once
  - Hemoglobin and hematocrit
  - Basic metabolic panel (BMP)
  - Complete metabolic panel (CMP)
  - Fasting blood sugar (FBS)
  - Other \_\_\_\_\_

### Other Orders

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Provider Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_