

Ceserean Section – Day of Surgery

Order Set Directions:

 = Performance Indicator

(√)-Check orders to activate. Orders with a pre-checked box will be followed unless lined out.
Initial every order page & Sign, date, and time the last page.

Activity

- Bed rest
- Dangle at bedside
- Up in chair 6-12 hours after surgery

Nursing Orders

- Vital signs every 15 minutes x 4, every ½ hour x 2, every 1 hour x 2, every 2 hours x 4, and then every 8 hours
- Notify provider if temperature greater than 100.5, pulse greater than 110, blood pressure less than 90/60, output less than 30 ml/hour
- TCDB every 2 hours until ambulatory

Respiratory

- Incentive spirometry every 2 hours while awake until discharge
- Pulse oximetry check every shift
- Oxygen per cardiopulmonary oxygen protocol
- Oxygen administration @ _____ via _____

Diet

- Clear liquids until active bowel sounds and no nausea, then advance to General diet
- NPO
- Other _____

IV Fluids

- Lactated Ringers with Pitocin 10 units at 150 ml/hour x 24 hours, then
- D5 ½ Normal Saline at 80 ml/hour (discontinue when oral intake 500 ml)
- Other _____

Medications

Analgesics

ketorolac (TORADOL)

- 30 mg IV every 6 hours for 4 total doses starting 4 hours after surgery, then
- 10 mg PO every 6 hours (limit 4 days)

Provider initials: _____



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Laboratory

- Complete blood count (CBC) 12 hours after surgery
- Hemoglobin and hematocrit
- Basic metabolic panel (BMP)
- Complete metabolic panel (CMP)
- Fasting blood sugar (FBS)
- Rhophylac status if Rh Negative
- Rho (D) immune globulin 300 ucg intramuscularly once or intravenous once if indicated
- Kleihauer-Betke to determine dose of Rhophylac
- Placenta to Lab per criteria (labor and delivery policy "placenta pathology protocol")
- Other _____

Other

- Cord blood gases if APGAR less than 6 at 5 minutes or at the physician's request

Other Orders

Provider Signature: _____ Date: _____ Time: _____



Cesarean Section – Day of Surgery

Order Set Directions:

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DVT Prophylaxis for OB

Interventions

Low Risk

- Early ambulation

Moderate/High Risk

- Sequential Compression Devices (SCD)
- Apply anti-embolic stockings (graduated) heparin
 - 5,000 unit subcutaneously every 12 hours

Risk Criteria

Low Risk

- Less than 35 y/o
- Prescribed bed rest

Moderate/High Risk

- Greater than 35 y/o
- Obesity
- Grand Multiparity
- Severe Varicosities
- Current Infection
- Pre-eclampsia
- Trauma
- Cancer
- Heart and Respiratory Failure
- Inflammatory Bowel Disease
- Nephrotic Syndrome

Very High Risk

- Extended surgeries (i.e. c/hyst)
- History of VTE
- Antiphospholipid Syndrome
- Thrombophilia

• Anticoagulants not prescribed due to:

- Patient is ambulatory
- Active hemorrhage
- Patient currently on anticoagulants
- Abnormal creatinine clearance
- Epidural /spinal catheter in place
- Patient has heparin induced thrombocytopenia
- Platelet count less than 100,000 mm³
- Severe trauma to head, spinal cord, or extremities with hemorrhage within the last 4 weeks
- Active intracranial lesion/neoplasms/monitoring devices
- Warfarin use in the first trimester of pregnancy
- Coagulopathy (PT greater than 18 sec, INR greater than 2)
- GI/GU hemorrhage within the past 6 months, history of cerebral hemorrhage
- Proliferative retinopathy
- Uncontrolled hypertension (SBP greater than 200, DBP greater than 120, or both)
- End stage liver disease

Provider Signature: _____ Date: _____ Time: _____



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